

Dear Ian,

Thanks to the wonders of the internet, I can bypass the postal strike we are experiencing here in the U.K., and send a message across the world in less time than it would take me to walk to the post office. I still find that amazing!

I love receiving your comments and feedback, and from this newsletter onwards I'll include a few snippets from my inbox. Keep them coming.....

Hope to see you soon,

Warm wishes,

Ian

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Small is Beautiful

Within the space of a few days last month, I received news of the deaths of two homeopathic colleagues, Dr Hoda Zikry in Cairo and Martin Miles in London. Each in their own way, they both epitomized for me a certain quality that I have come to value more and more over the years.

It has to do with what the zen buddhist teacher Shunryu Suzuki called 'shining a light in one corner of the world'. This, he maintained, was a worthy aspiration for anyone. It's tempting sometimes to try and change the whole world, but to take good care of your own little corner requires a certain kind of humility and dedication that few possess.

Dr Hoda was one of the first medical doctors in Egypt to incorporate homeopathy into her practice, and I have fond memories of working in her clinic in Cairo many years ago. It was a small space, usually filled with patients, together with their relatives and friends who came along in support. One day I remember there was also the constant noise of hens and cockerels right outside the window, and we could barely hear anything that was being said. Dr Hoda didn't seem the least bit distracted, and continued to take the cases with her usual child-like enthusiasm.

Lake at Dunderry Park



There are still a few last-minute places available on the 3-day retreat at [Dunderry Park](#) in Ireland next week. Do join us if you can!

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## Snippets From the Inbox

Helen in Australia writes: *"What a breath of fresh air your emails are..... I find them refreshing and reassuring. It frustrates me that vibration/energy/intuition are never mentioned at my college"*

It would frustrate me, too, Helen. I'm amazed when I hear that colleges of homeopathy and natural healing are still firmly stuck in the old materialistic medical paradigm.

Vivien in Nairobi asked: *"I was wondering if there is a way to access previous newsletters as I wanted to read the previous donkey story you mentioned?"*

There is indeed..... the [Newsletter Archive](#) is back, and I'll be adding all the earlier newsletters as soon as I have the time.

Debbie in the U.K. wrote: *"I was*

Martin Miles was also something of a pioneer, being one of the founding fathers of the homeopathic profession that began to take shape in the U.K. in the 1970's. His approach was unashamedly esoteric, and he doggedly pursued his own path without deviation for over thirty years. While he seemed to prefer to stay out of the limelight, he nonetheless attracted students and patients from far and wide, who recognized the integrity and strength of character that he embodied.

As the various institutions of homeopathy and orthodox medicine continue to jostle for superiority, I find it reassuring to remember the countless individuals who are working away quietly in the background, following their own path and inspiring others to do the same. As did Dr Hoda and Martin Miles.

Barbara Hannah, who was a colleague and later biographer of Carl Jung, once told of a dream she had just before going on her first lecture tour of America. In the dream, she saw a big skyscraper, which was all black, and had the words '*C.J. Jung Institute*' chiseled across the entrance. Across the street she noticed a small house in which two Jungian analysts were quietly working, with no name over the door. This building was white.

When she told the dream to Dr Jung, he exclaimed '*Of course! It's always the small unobtrusive workers who do the best, and the big pretentious organizations that go dark*'.

Wise words indeed.....

### **Forthcoming Events**

**October 9th - 11th, Ireland**

#### **[Self-Transformation Residential Retreat](#)**

**A 3-day retreat in the magical setting of Dunderry House. \*LAST CHANCE TO BOOK\***

**October 28th - November 3rd, Nuweiba, Egypt**

#### **[Journey to the Self Retreat](#)**

**A week-long retreat on the Red Sea..... sun, sand, snorkelling and self-transformation!**

**November 30th - December 2nd, Helsinki**

#### **[Practitioner Development Seminar](#)**

**December 3rd, London**

#### **[Working with the Dreambody](#)**

**Evening lecture in S.E. London.**

**Visit the website schedule for further details of these and other events to be held in 2008.**

*touched and inspired by your newsletter this month, even more than usual. It is full of little symbols that synchronise with what is going on for me right now."*

Thanks Debbie, I'm glad to hear it. Sometimes we need those little confirmations to remind us that we're on the right track.

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I'm currently updating my schedule for 2008, and would be happy to hear from anyone who would like to organize a seminar or retreat for me in their locality on the topics of self-transformation, emotional release work and practitioner development. Please send me an email if you're interested. You'll find my address at the foot of this newsletter.

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[Books & CDs](#)

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## [Further Seminar Details & Bookings.....](#)

### [Consultations with Ian](#)

Appointments for individual consultations in London are available on October 16th - 18th, and the next available dates will be November 13th - 15th. Consultations in Devon and telephone consultations are available on other dates. See below or send an email for more information and to book an appointment

### [More information on Ian's consultation work](#)

If you'd like to produce your own high-quality email Newsletters, I can recommend

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